



PROJECT NEPAL EXAMPLE ITINERARY

Day	From	To	Description
1	UK	Kathmandu	Fly to Kathmandu.
2	Kathmandu	Kathmandu	Acclimatisation day in town. Hostel.
3	Kathmandu	Kathmandu	Visit monkey temple etc. (will walk to the temple). Hostel.
4	Kathmandu valley	Kathmandu valley	Project. Camping at the project.
5	Kathmandu valley	Kathmandu valley	Project. Camping at the project.
6	Kathmandu valley	Kathmandu valley	Project. Camping at the project.
7	Kathmandu valley	Kathmandu valley	Project. Camping at the project.
8	Kathmandu valley	Narbabudda	Day trek to Narbabudda (hill walk around the local area). Camping at the project.
9	Kathmandu valley	Kathmandu valley	Project. Camping at the project.
10	Kathmandu valley	Kathmandu	Project. Return to Kathmandu. Hostel.
11	Kathmandu	Kathmandu	Day in Kathmandu shopping. Fly to UK in evening.
12	UK	UK	Arrive UK.

NOTE: Due to the nature of expeditions, itineraries are subject to change at short notice.