



SINAI PENINSULA

This is a 9-day expedition where the team will be wild camping in the Sinai desert of Egypt and working alongside the local Bedu.

DAY	ITINERARY
Day 1	Fly to Sharm El Sheik and travel straight to Dahab.
Day 2	One day in Dahab to get relaxed and get stocked with expedition kit. Diving and snorkelling, free diving etc.
Day 3	Go to St Katherine's village. Afternoon walk down Wadi St Daod. Back for eve meal. Up Jebel Katherine in the night. See the sun rise.
Day 4	St Katherine's monastery. Then a day relaxing, blue rocks and getting kit ready for walk (four days and three nights).
Day 5	Trek day 1 Round to Jebel Banat and up summit of Jebel Banat. Wild camp.
Day 6	Trek day 2 Abseil off waterfall and round to base of Jebel Naja. Wild camp.
Day 7	Trek day 3 Up to Umma H Shaur via Abbass Basha for sunset. Wild camp.
Day 8	Trek day 4 Walk up to Jebel Katherine and down to St Katherines.
Day 9	Night in Cairo.

Note: The trek involves a section of abseiling.