

DUKE OF EDINBURGH'S AWARD SCHEME

GOLD EXPEDITION SKILLS COURSE

Serial	Start	Finish	Subject
1	1700	1800	Course Administration and Introduction.
2	1700	1800	Introduction to First Aid. Approaching a Casualty. Primary Assessments.
3	1700	1800	Introduction to Navigation. Orientating a Map. 6 & 8 Figure Grid References.
4	1700	1800	Expedition Planning.
5	1700	1800	First Aid: Secondary Assessments.
6	1700	1800	Expedition Equipment.
7	1700	1800	First Aid: Basic Life Support.
8	1700	1800	Camp Craft.
9	1700	1800	Cookers and Menu-Planning.
10	1700	1800	Menu Planning and Food Preparation Exercise.
11	1700	1800	Expedition Leadership & Teamwork.
12	1700	1800	Personal Administration & Breakfast.
13	1700	1800	Practical Scenario.
14	1700	1800	Navigation: Bearings, Back-bearings, Transits, Aim-off & Attack Points, Resection.
15	1700	1800	First Aid: Bleeding.
16	1700	1800	First Aid: Breaks.
17	1700	1800	Navigation: Route Planning & Route Cards.
18	1700	1800	First Aid: Burns.
19	1700	1800	Lunch & Administration.
20	1700	1800	Exercise Kazi Haiwazikani.
21	1700	1800	Final Recap Session.

Note: During school holidays, training will not take place. Candidates are however expected to revise all previous sessions.