



## SPORTS LEADERS UK LEVEL 2 AWARD IN BASIC EXPEDITION LEADERSHIP

**Duration: 10 Days**

The aim of the BEL Level 2 is to train staff who wish to:

- Train people in the basic skills involved in journeying on foot in the British Isles during the summer months
- Lead parties or groups in lowland country in the United Kingdom
- Have responsibility for the care of others, particularly the young, out-of-doors, including day journey parties
- Organise base and standing camps

The BEL does not qualify people to lead groups in remote or mountainous country.

The BEL Level 2 is administered by Sports Leaders UK and devised by the Central Council of Physical Recreation (CCPR). It is a nationally recognised qualification recognised by National Governing Bodies of sport as well as the Department for Education and Skills (DfES).

The syllabus consists of 10 units that are covered over a period of 5 weekends:

### The syllabus consists of 10 units covered over a period of 5 weekends

Leadership and party management
Instructional and organisational methods
Planning and preparation
Conservation and access
Navigation
Equipment
Living out-of-doors
First aid and emergencies
Fitness and Weather
A further 30 hours voluntary leadership experience

Course cost £395 (Exc. VAT)



+44 (0) 870 979 9000  
info@lifesignsgroup.co.uk  
www.adventurelifesigns.co.uk